

Join Us, Move for Change During Disability Pride Month.

28 Days. 28 Minutes. Let's Make Movement a Human Right.

Join

Sign up for free as an individual or by creating or joining a team

Move

For 28 days, dedicate 28 minutes of your day to physical activity. Any form of movement counts. Walk, run, climb, surf, bike, swim, weight lift, dance, or play — the choice is yours!

Raise

Every stride you take, and every dollar you raise, helps fuel our state-by-state advocacy to enact vital legislation in 28 states by the 2028 Paralympics.

Advocate

Get involved in your state's So Every BODY Can Move coalition, or sign up to learn how to start a coalition in your state!

SAVE-THE-DATE

WHEN JULY 1 -JULY 28, 2024

(Registration opens June 1)

WHERE

Anywhere you are

JOIN

soeverybodycanmove.org/ 28-x-28/mobilitychallenge/ Interested in being a team captain or getting involved as a sponsor?



